

# NIKLAS JOHANNES

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## EDUCATION AND WORK

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### POSTDOC

Oxford Internet Institute, University of Oxford  
Supervisor: Dr. Andrew Przybylski  
Program: Adolescent well-being in the digital age

June 2020 – present

### POSTDOC HEALTHY COGNITION LAB

School of Psychology, University of Glasgow  
Supervisor: Dr. Esther Papies

October 2019 – May 2020

### LAB VISIT HEALTHY COGNITION LAB

School of Psychology, University of Glasgow  
Hosts: Dr. Esther Papies and Dr. Lawrence Barsalou

February 2019 – July 2019

### PHD CANDIDATE, BEHAVIORAL SCIENCE

Behavioural Science Institute, Radboud University, Nijmegen, NL  
Promoter: Dr. Moniek Buijzen  
Supervisor: Dr. Harm Veling  
Project Title: Effects of Smartphone Cues and Online Vigilance on Well-Being and Performance (Cum Laude)

September 2015 – February 2020

### MSC, RESEARCH MASTER COMMUNICATION SCIENCE

University of Amsterdam, Amsterdam, NL  
Advisor: Dr. Dian A. de Vries  
Thesis entitled: Deprived of Willpower, Smartphone in Hand: The Effect of Self-Control on Smartphone Use, its Context, and Consequences  
Graduated with 8.8 (Cum Laude)

September 2013 – August 2015

### STUDY ABROAD

University of Massachusetts, MA, USA  
Introduction to Philosophy of Social Thought (A)  
Quantitative Methods (A)  
Social Psychology 101 (A)

August 2011 – February 2012

### BA, MEDIA AND COMMUNICATION SCIENCE (MINOR: GERMAN LITERATURE)

Mannheim University, Mannheim, Germany  
Advisor: Dr. Peter Vorderer  
Thesis entitled: I just like to be permanently connected: Does the need to belong serve as a motive for media use?  
Graduated with 1.1 (with distinction)

September 2009 – August 2013

## ORGANIZATIONS AND COMMITTEES

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### LABGROUPS

ReproducibiliTea, Oxford (organizer)  
Methods & Meta-Science, Glasgow  
Healthy Cognition Lab, Glasgow  
Social Mind and Behavior Regulation, Nijmegen (organizer)  
Digital Mind Lab Group, Nijmegen  
Communication and Media, Nijmegen (organizer)

Since 2020  
2019-2020  
2019-2020  
2015-2019  
2015-2019  
2015-2019

### ORGANIZER

Writing Manuscripts in RMarkdown, 2-day workshop, 20 participants  
PhD Day 2018, one-day conference, 100 participants  
PhD Day 2017, one-day conference, 100 participants  
Bayesian Statistics, 2-day workshop, 80 participants  
PhD Day 2016, one-day conference, 100 participants

November 2018  
November 2018  
October 2017  
December 2016  
October 2016

### COMMITTEES

Study Selection Committee, Psychological Science Accelerator  
Digital Editor, Mobile Media & Communication  
Jury Best Dissertation Award, NeFCA  
PhD Platform Representative for Communication and Media Group  
Operation Refresh – Communication Science in the Future

Since 2019  
2016-2021  
2016  
2016-2019  
2016-2017

## OPEN SCIENCE

Workshop “Preregistering Research Plans”, APS  
Co-founded [Preregistration Award for PhDs](#)  
Co-created [Preregistration Information Page](#)

May 2019  
July 2018  
July 2019

## AWARDS/SCHOLARSHIPS

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John Fell Fund	University of Oxford
Open Access Grant	University of Oxford
Grant for Lab Visit	Erasmus+
Emerging Scholar Research Grant	MC Interest Group, ICA
Travel Grant 2017	CAT Division, ICA
Travel Grant 2016	MC Interest Group, ICA
PhD Mobility Fund 2016 & 2017	Radboud University
Internationalization Grant 2016 & 2017	Radboud University
Scholarship for Master Studies	German National Academic Foundation
Scholarship for study abroad	German Academic Exchange Program
Excellent Thesis Award, Foundation for Media and Communication Science	Mannheim University

## TEACHING EXPERIENCE

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<a href="#">POWER ANALYSIS THROUGH SIMULATION IN R</a> University of Vienna, Social Science Doctoral School, AT Instructor	May 2022
RESEARCH PROJECT AND BACHELOR THESIS SUPERVISION Behavioral Science Institute, Radboud University Nijmegen, Nijmegen, NL Supervisor	September 2018 – January 2019
MINOR RESEARCH MASTER PROJECT Behavioral Science Institute, Radboud University Nijmegen, Nijmegen, NL Supervisor	October 2017 – June 2018
RESEARCH PROJECT AND BACHELOR THESIS SUPERVISION Behavioral Science Institute, Radboud University Nijmegen, Nijmegen, NL Supervisor	September 2017 – January 2018
RESEARCH PROJECT: EXPERIMENTS Behavioral Science Institute, Radboud University Nijmegen, Nijmegen, NL Lecturer	February 2018 – March 2018
INTRODUCTION TO PSYCHOLOGY PART B Behavioral Science Institute, Radboud University Nijmegen, Nijmegen, NL Workgroup Instructor	October 2017 – December 2017
MASTER THESIS SUPERVISION Behavioral Science Institute, Radboud University Nijmegen, Nijmegen, NL Supervisor	November 2016 – July 2017
RESEARCH PROJECT AND BACHELOR THESIS SUPERVISION Behavioral Science Institute, Radboud University Nijmegen, Nijmegen, NL Supervisor	January 2017 – June 2017
EXPERIMENTAL DESIGNS IN COMMUNICATION SCIENCE Behavioral Science Institute, Radboud University Nijmegen, Nijmegen, NL Lecturer	February 2017 – April 2017
INTRODUCTION TO SCIENTIFIC WORKING Institute of Media and Communication Studies, Mannheim University, Mannheim, Germany Workgroup Instructor	September 2012 – January 2013
INTRODUCTION TO THEORIES OF MEDIA AND COMMUNICATION STUDIES Institute of Media and Communication Studies, Mannheim University, Mannheim, Germany Tutor	February 2011 – August 2011

## PUBLICATIONS

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Johannes, N., Vuorre, M., Magnusson, K., & Przybylski, A. K. (2022). Time spent playing two online shooters has no measurable effect on aggressive affect. PsyArXiv. <https://doi.org/10.31234/osf.io/gt8ze>

Legate, N., Nguyen, T., Weinstein, N., Moller, A., Legault, L., Vally, Z., Tajchman, Z., Zsido, A. N., Zrimsek, ... M., & Chen, Z. (2022). A global experiment on motivating social distancing during the COVID-19 pandemic. *Proceedings of the National Academy of Sciences (PNAS)*.

Johannes, N., Dienlin, T., Bakhshi, H., & Przybylski, A. K. (2022). No effect of different types of media on well-being. *Scientific Reports*, 12(61), 1–13. <https://doi.org/10.1038/s41598-021-03218-7>

Wang, K., Goldenberg, A., Dorison, C. A., Miller, J. K., Uusberg, A., Lerner, J. S., Gross, J. J., Agesin, B. B., Bernardo, M., Campos, O., Eudave, L., Grzech, K., Ozery, D. H., Jackson, E. A., Garcia, E. O. L., Drexler, S. M., Jurković, A. P., Rana, K., Wilson, J. P., ... Moshontz, H. (2021). A multi-country test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behaviour*, 5(8), 1089–1110. <https://doi.org/10.1038/s41562-021-01173-x>

Johannes, N., Vuorre, M., Magnusson, K., & Przybylski, A. K. (2022). Time spent playing two online shooters has no measurable effect on aggressive affect. PsyArXiv. <https://doi.org/10.31234/osf.io/gt8ze>

Johannes, N., Nguyen, T., Weinstein, N., & Przybylski, A. K. (2021). Objective, subjective, and accurate reporting of social media use: No evidence that daily social media use correlates with personality traits, motivational states, or well-being. *Technology, Mind, and Behavior*, 2(2). <https://doi.org/10.1037/tmb0000035>

Johannes, N., Masur, P. K., Vuorre, M., & Przybylski, A. K. (2021). How should we investigate variation in the relation between social media and well-being? PsyArXiv. <https://doi.org/10.31234/osf.io/xahbg>

Johannes, N., Vuorre, M., & Przybylski, A. K. (2021). Video game play is positively correlated with well-being. *Royal Society Open Science*, 8(2), 202049. <https://doi.org/10.1098/rsos.202049>

Johannes, N., Buijzen, M., & Veling, H. (2021). Beyond inhibitory control training: Inactions and actions influence smartphone app use through changes in explicit liking. *Journal of Experimental Psychology: General*, 150(3), 431–445. <https://doi.org/10.1037/xge0000888>

Johannes, N., Meier, A., Reinecke, L., Ehlert, S., Setiawan, D. N., Walasek, N., Dienlin, T., Buijzen, M., & Veling, H. (2020). The relationship between online vigilance and affective well-being in everyday life: Combining smartphone logging with experience sampling. *Media Psychology*, 1–25. <https://doi.org/10.1080/15213269.2020.1768122>

Dienlin, T., & Johannes, N. (2020). The impact of digital technology use on adolescent well-being. *Dialogues in Clinical Neuroscience*, 22(2), 135–142.

Evans, T. R., Johannes, N., Winska, J., Glinksa-Newes, A., Stekelenburg, A. van, Nilsson, G., Dean, L., Fido, D., Galloway, G., Jones, S., Masson, I., Soares, A., Steptoe-Warren, G., Thompson, N., & Ungson, N. (2020). Exploring the consistency and value of humour style profiles. *Comprehensive Results in Social Psychology*, 1–24. <https://doi.org/10.1080/23743603.2020.1756239>

Dienlin, T., Johannes, N., Bowman, N. D., Masur, P. K., Engesser, S., Kumpel, A. S., Lukito, J., Bier, L. M., Zhang, R., Johnson, B. K., Huskey, R., Schneider, F. M., Breuer, J., Parry, D. A., Vermeulen, I., Fisher, J. T., Banks, J., Weber, R., Ellis, D. A., ... de Vreese, C. (2020). An Agenda for Open Science in Communication. *Journal of Communication*. <https://doi.org/10.1093/joc/iqz052>

Johannes, N., Veling, H., & Buijzen, M. (2019). No evidence that smartphone notifications lead to goal-neglect [Preprint]. <https://doi.org/10.31234/osf.io/5me97>

Johannes, N., Dora, J., & Ruz, D. (2019). Social smartphone apps do not capture attention despite their perceived high reward value. *Collabra: Psychology*, 5(1), 14. <http://doi.org/10.1525/collabra.207>

Johannes, N., Veling, H., Verwijmeren, T., & Buijzen, M. (2018). Hard to resist: The effect of smartphone notifications and visibility on inhibition. *Journal of Media Psychology*. 10.1027/1864-1105/a000248

Johannes, N., Veling, H., Dora, J., Meier, A., Reinecke, L. & Buijzen, M. (2018). Mind-wandering and mindfulness as mediators of the relation between online vigilance and well-being. *Cyberpsychology, Behavior, and Social Networking*. 10.1089/cyber.2018.0373

## INVITED TALKS/PANEL DISCUSSIONS

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<a href="#">Open Science = default science</a> – DGPUK	2021
<a href="#">Screen, teens, and mental health</a> – Family Online Safety Institute	2021
<a href="#">Big Question: Are online friends better than real-life friends?</a> – Explore	2021
<a href="#">Data Visualization with R and ggplot2</a> – RIOTS Science Club	2021

## SELECTED PRESS AND POLICY ENGAGEMENT

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<a href="#">Reproducibility and research integrity</a>	2021
<a href="#">Schadet Instagram Teenagern?</a>	2021
<a href="#">An Open Letter to Mark Zuckerberg</a>	2021
<a href="#">Video games 'good for well-being' says University of Oxford study</a>	2020
<a href="#">Promovendus: productiviteit lijdt amper onder smartphone</a>	2020

## ACADEMIC MEMBERSHIPS

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Editor, Collabra Psychology	Since 2022
Psychological Science Accelerator	
Society for the Improvement of Psychological Science	

## AD-HOC REVIEWS

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Mobile Media and Communication  
Computers in Human Behavior  
Cyberpsychology, Behavior, and Social Networking  
Journal of Media Psychology  
European Journal of Social Psychology  
Technology, Mind, and Behavior  
Meta-Psychology  
Psychological Science  
PLOS One  
Motivation Science  
Media Psychology  
Communication Methods and Measures  
PCI Registered Reports  
Review of General Psychology  
Social Psychiatry and Psychiatric Epidemiology

## REFERENCES

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Behavioural Science Institute  
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